

OUR JUICIEST

SEX SURVEY

7,000+ GUYS SPILL

- The Special Kiss They Crave
- The Spot They Wish You'd Find
- The Move You Should Lose Pronto

Are You Too Honest

mild makeup remover
My skin gets red and irritated when I take off mascara, but I need to wear it every day. Help!

First, make sure your makeup removal routine is as gentle as possible. "When you rub around your eyes, you can take off the very top layers of skin, leaving you more vulnerable to irritation," says Rhonda Pomerantz, M.D., clinical assistant professor of dermatology at New York University. Use nonwaterproof mascara since it's easier to wipe off. We like Elizabeth Arden Two Brush Mascara, \$16. Be sure to use only makeup removers that are formulated for sensitive skin. Try Almay Non-Oily Makeup Removal Pads, \$5.50. Also, get rid of any eye creams that contain alpha-hydroxy acids, and opt for an acid-free formula. We like Biotherm Age Fitness Yeux SPF 15, \$26. You may want to try some of the new high-tech mascaras that don't require rubbing to wash off. These products form tiny water-resistant tubes around the lashes that will slip off by applying warm water and gentle pressure, using your fingertips. Try Kiss Me Mascara, \$25, or Kevyn Aucoin The Mascara, \$25. ■

Have a question? E-mail cosmo_beauty@hearst.com or write to Beauty Confessions, Cosmopolitan, P.O. Box 1407, Radio City Station, NYC 10101.

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! Jeans

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Our Readers: So Busted!
Their Excuses: So Brilliant!