

# FLARE

sun 2000  
SAVING YOUR  
SKIN & TESTING  
THE TANNERS

the beauty diet  
DETOX YOUR WAY  
TO A BEACH BOD!

HOW TO BE A  
MAN MAGNET

NAOMI WOLF'S

## Beauty Hearsay



tried, tested  
& true

Here's a hot product: **Kiss Me Mascara**. Kiss Me, a more than 200-year-old Japanese cosmetics company, claims the mascara coats your eyelashes in individual "tubes" and won't run or smudge, even through a classic tearjerker or a tropical rainstorm. Yet, to remove it, all you need is water and a little bit of pressure from your fingers. Sound too good to be true? It impressed me. After a half-hour walk to work, a full day at the office and a 45-minute Spinning class, there was not a single smudge or smear in sight. And, when it came time to wash it off, as promised, no makeup remover needed. \$26

